



St Paul's Way
Aspiration • Integrity • Community
PART OF UNIVERSITY SCHOOLS TRUST



PE and Sports Premium Strategy and Impact 2022-23



Executive Summary

St Paul's Way Primary School is committed to providing effective resources and activities to raise the profile of sports and healthy living in the school and to ensure more pupils are engaging in active and healthy lifestyles. This document details the spending of the Sports Premium Grant in 2022/2023.

Breakdown of Funding:

Total budget for 2022-2023 year £ 19,200

Funds spent in the 2022-2023 year	£19,200
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Typical challenges faced by pupils at SPWF

- I. More than 1 in 5 children (20.8%) in Reception are overweight or very overweight in the borough. (Tower Hamlets, Child Healthy Weight Action Plan 2022-2023).
- II. In Tower Hamlets, by age 11 over half of children are overweight or obese. Like in other places in the country, the numbers of children who have excess weight has increased during the pandemic (Tower Hamlets, 2022).
- III. In Tower Hamlets, in 2023, 28.4% of Year 6 children were overweight or obese. (National Health Service, 2023)
- IV. Tower Hamlets is a very built-up borough, with limited access to high quality, outdoor play spaces.
- V. Due to population growth, the amount of outdoor space per resident in Tower Hamlets has reduced in recent years (Tower Hamlets, Parks and Open Space Strategy 2017-27)
- VI. Tower Hamlets has a significant amount of over-crowded housing - 7,078 households (London Borough of Tower Hamlets, Housing Evidence Base, November 2016)

Evaluation Criteria for Effective Use of PE and Sports Premium (as specified by DfE):

- All pupils are engaged in regular physical activity
- Profile of PE and Sport is raised across the school as a tool for whole-school improvement
- Increased confidence, knowledge and skills of all staff in teaching PE and sport
- Broader experience of a range of sports and activities offered to all pupils, and
- Increased participation in competitive sport.



1. Key Objective: All pupils are engaged in regular physical activity.

Aim:

To continue to offer a wider range of sports opportunities to all pupils, enhance participation in regular physical activity and ensure children are healthy and physically active, including as part of our recovery curriculum.

Rationale:

By engaging in regular physical activity, pupils will be healthier overall and will experience considerable health benefits. An increased offer of regular sport/physical activity and high quality, attractive equipment will increase engagement.

Actions:

- Continue to subscribe to and promote use of 5-A-Day online programme, encouraging physical activity throughout school day and encouraging access at home.
- All pupils in Years 2-6 to participate in a block of swimming lessons across the year with specialist swimming teacher, including sessions above national curriculum entitlement.
- Increasing the range of equipment to enhance playground activity in Key Stage 1 and 2, including ensuring equipment is appropriately available for each class.
- Increasing the range of physical development equipment available to Reception and Year One as part of our curriculum, to promote gross motor skills, agility and balance as part of Physical Development
- Increase of lunchtime and after-school sporting clubs/activities such as, archery, football, dodgeball, tennis, multi-skills and gifted and talented competition clubs.
- Promote healthy methods of travel to school.

Costs Incurred: £10,000.00

Impact:

- All children from Years 2-6 have attended swimming this academic year; many of our younger pupils had not previously been swimming due to the COVID-19 pandemic
- 5-A-Day Online subscription continued with; children have access both at home and at school
- Increased amount of playground equipment; this includes permanent playground markings as well as equipment used at playtimes and lunchtimes such as hoops, bean bags, footballs, bikes and trikes. Children now use the playground in specific zones for different purposes, increasing the range of activities available
- Use of scooters, bikes and trikes during playtime has encouraged pupils to bring these to school, travelling to school in healthy ways
- Increased number of sports clubs now available for pupils after-school. We have also started a before-school Sports Club.



2. Key Objective: Profile of PE and Sport is raised across the school as a tool for whole-school improvement.

Aim:

To develop the profile of active lifestyles amongst pupils, parents and staff through developing a 'Playground Leaders' programme and providing opportunities for pupils and parents to engage in sport-related activity.

Rationale:

By raising the profile of PE and Sport within the school, and developing our Playground Leaders and community sport involvement, overall physical activity levels will increase in all year groups, and children will develop key sports skills as well as leadership skills.

Description of intervention:

- Organise specialist teaching days where, across the course of a day, children are able to try out a non-traditional sport
- Increase participation in intra competitions at the end of each term and after school competitions organised by external agencies
- Increase participation in out of school sporting events (competitions, Sports Events, attendance at sporting events such as football matches) to increase family engagement. Collaborate with local primary schools and to make use of School Games to motivate attendance in extracurricular activities
- To establish Playground Leaders from Year 5 and Year 6 to be trained in the use of additional equipment purchased for Playground Leaders to use throughout the week
- Coaches from an external agency to support the pupils initiate and manage their own games
- Healthy Living Day and Sports Days to be organised, with activities supported by qualified coaches and other PE specialists.

Costs Incurred: £2,000 (Cover costs incurred)

Impact:

- Sport Day (free use of secondary school facilities) was held, including student leadership opportunities and support from specialist coaches and PE teachers
- The play-leaders initiative has continued, strengthening pupil leadership and ensuring profile of physical activity is raised as a school.
- Sports coach from the secondary school deployed at no further cost to the primary school.



5. Swimming Report

Pupils Whole Cohort: 60 pupils

Objective	Percentage of cohort
Can swim 25m or more and has met water safety/stroke development required	23.33%
Has not met KS2 National Curriculum requirements but has met basic Water Safe objectives	40%
Has not met KS2 National Curriculum requirements and has not met basic Water Safe objectives	30%
Absent from Assessment	6.7%
Total	100%